

BROOKLETTS PLACE TALBOT SENIOR CENTER 400 BROOKLETTS AVENUE * EASTON, MD 410-822-2869

JUNE 2017

400 BROOKLETTS AVENUE * EASTON, MD				JUNE 2017
410-822-2869 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calendar of Events on the WEB: www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshoresenior.com/content/talbotseniorcen tercalendar	VISIT US ON OUR WEBSITE: www.brooklettsplace.org VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER	BROOKLETTS PLACE FUNDRAISING CAMPAIGN SUB SALE JUNE 15 TH P/U BEGINS 11AM PLACE YOUR ORDER BEFORE JUNE 12 TH FOR: ROAST BEEF OR TURKEY OR COLD CUT 6" SUB WITH CHIPS & DRINK \$7.00	1 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 MD Crimes Victims Clinic 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 5:00 TOPS	9:00 Coffee Hour 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class SPA DAY 10 AM – 4 PM NAILS, MASSAGE, YOGA, HAIR STYLING, CHAIR PILATES & MEDICAL INTUITIVE READINGS No Reservations accepted/ first come first served
5 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch/w DJ Chuckie 12:00 Mahjong JUNE FLOWER ROSE	6 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 11:30 DUTCH LUNCH OUT/IN JAPAN 12:00 Lunch 12:30 Pinochle	9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Opioid Presentation for Seniors 11:00 Duplicate Bridge 12:00 Lunch JUNE IS NATIONAL CAMPING MONTH	8 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 1:00 Advisory Committee Mtg 5:00 TOPS	9 9:00 Coffee Hour 10:00 Mahjong 11:30 Todd Peenstra: Antiques Appraisals 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:00 Mahjong 5:30 Diabetic Support Group	8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 10:00 Field Trip Academy of the Arts "FABRICation" 12:00 Lunch/w Laurie & Co. 12:30 Pinochle	14 8:30 Comm. On Aging 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 "Selling Your Home" Presentation 11:00 Duplicate Bridge 12:00 Lunch 1:00 Wii Bowling @ Parkview	9:00 Coffee Hour 10:00 Intermediate Watercolor 10:00 MD Crimes Victims Clinic 10:30 Grocery Bingo 11:00 T'ai Chi @TCCC 11:00 Canasta 11:00 Sub Sale Fundraiser 12:00 Lunch 12:30 Burlesque Workshop 5:00 TOPS	9:00 Coffee Hour 10:00 Mahjong 11:30 Toastmaster's 12:00 Virtual Dementia Tour 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class CELEBRATE DAD SUNDAY JUNE 18 Happy Father's Day
9:00 Coffee Hour 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:00 Mahjong 1:00 Dementia Support Group	9:00 Coffee Hour 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle	9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	9:00 Coffee Hour 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Po-Ken-O 11:00 Canasta 12:00 Lunch & Learn w/ Eastern Shore Area Health Education Center Talbot County SHIP/SMP 5:00 TOPS	9:00 Coffee Hour 10:00 Mahjong 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
9:00 Coffee Hour 10:00 Advance Beginners Watercolor 10:00 Basic Sign Language 11:00 Card Players 12:00 Lunch 12:00 Mahjong	9:00 Coffee Hour 10:00 Contract Bridge 12:00 Lunch/Music Celebration w/Shelley Abbott 12:30 Pinochle	9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Blood Pressure Screening 10:00 Wii Bowling 10:30 Positive Music w/DJ Randy P 11:00 Duplicate Bridge 12:00 Lunch	9:00 Coffee Hour 10:00 Intermediate Watercolor 10:30 Po-Ken-O 11:00 Canasta 12:00 Lunch 5:00 TOPS	30 9:00 Coffee Hour 10:00 Mahjong 10:00 <i>Flowers for the Table</i> 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class

BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER - JUNE 2017

Visit our Facebook Page: Brookletts Place - Talbot County Senior Center

OUTINGS & EVENTS:

Mon., June 5 – (12:00 p.m. – 1:00 p.m.) Come out and enjoy the sounds of DJ Chuckie. Advance sign-up for lunch is required or you may bring your own lunch.

Tues., June 6 – (11:30 a.m. – 1:30 p.m.) Dutch Lunch Out "In Japan" 101 Marlboro Ave., Easton, MD Bus will leave Brookletts Place 12:00 p.m. and return 1:30 p.m.

Advance signup is required as space is limited.

Tues., June 13 - (12:00 p.m. – 12:30 p.m.) Lunch/Music with Laurie Toms & Company. Advance sign up for lunch is required or you may bring your own lunch.

Thurs., June 22 – (12:15 p.m. – 1:15 p.m.) The Eastern Shore Area Health Education Center (ESAHEC), Associated Black Charities (ABC) and the University of Maryland Extension Office in partnership with the Talbot County SHIP/SMP office will offer a free workshop to help consumers become Smart Users of their health insurance benefits. If you enrolled in a health insurance plan through the marketplace, Medicaid or Medicare beginning in 2014 or later, you have Essential Health Benefits. These ten benefits are the cornerstone of your preventive health and wellness plan. You will learn how to: Identify the 10 essential health benefits; Use these benefits for you and your family; Recognize the importance of these benefits in managing your health and finances. Advance sign-up for lunch is required by June 8 or you may bring your own lunch.

Tues., June 27 – (12:00 p.m. – 1:00 p.m.) Lunch/Independence Day Musical Celebration with Shelley Abbott. Advance sign-up for lunch required by June 13th or you may bring your own lunch.

UPCOMING TRIPS: All trips are open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips. For a COMPLETE LIST of 2017 Trips, please visit our website www.brooklettsplace.org or stop by the senior center and pick up a copy of our 2017 Travel Log. Christmas in NYC, NY 2 Days/1 Night Bus trip \$350.00 per person double occupancy \$475.00 single occupancy. Package includes: 1 December 6-7, 2017 Night's lodging, 1 Breakfast, Radio City Music Hall Christmas Spectacular featuring the Rockettes, Guided Tour of Lower Manhattan,

Rockefeller Center, Fifth Avenue Shopping, Macy's Herald Square, Luggage handling. All taxes and gratuities are included. \$150.00 DEPOSIT IS DUE AUGUST 18, 2017 WITH FINAL PAYMENT DUE BY OCTOBER 6, 2017

March 15-24, 2018

Southeast Coast & Bahamas Cruise 10 days/9nights aboard the Royal Caribbean "Grandeur of the Seas" leaving from Baltimore with stops in Charleston, SC, Orlando (Port Canaveral), FL, Miami, FL, Nassau, Bahamas & CocoCay, Bahamas. Inside Cabin Category N-\$1,168 double Inside Cabin Category M - \$1,376 double Outside Cabin Category I - \$1,253 double Outside Cabin Category F - \$1,529 double Balcony Cabin Category D2 - \$1,733 double Balcony Cabin Category D1 - \$2,330 double Rates are per person and include cruise, port charges, roundtrip transportation to/from port and government fees. Single, Triple & Quad rate of the Mark A Season available. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required by March 1, 2017 in order to secure reservations and assign cabins. Final balance is due by November 15, 2017. Those who book early get the best prices, the best cabin locations and their preferred dining times. PASSPORT REQUIRED

FREE PROGRAMS: Advance sign-up requested for most programs – <u>PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT.</u> ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- Thurs., June 1st & June 15 (10:00 a.m. 2:00 p.m.) Maryland Crime Victims' Resource Center, Inc. will be meeting with victims of crime who may need help navigating the legal system, calculating restitution, need a referral to counseling, or just don't know where to begin. You can call 301-952-0063 to set up an appointment or just walk in.
- Wed., June 7 (10:30 a.m. 11:30 a.m.) Opioid Presentation for Seniors: Presented by Alexandra Duff, MPH, CPH, CHE Alcohol and Other Drug Abuse Prevention Coordinator Talbot County Health Department. ADVANCE SIGN UP IS REQUIRED AS SPACE IS LIMITED.
- Fri., June 9 (11:30 a.m. 2:30 p.m.) Come join us as Todd Peenstra, President of Peenstra Antiques Appraisals (www.peenstraappraisals.com), Presents: What's it Worth? How can I Sell it? Todd is a former candidate member of the International Society of Appraisers and the American Society of Appraisers and a nationally known antiques & art appraiser. He works in the area for insurance companies, attorneys, and Financial Estate planners and CPA's. Todd will offer FREE appraisals, consultations, and advice on anything you might own, including but not limited to jewelry, silver, coins, time pieces, furniture, glass, porcelain, paintings, bronze, toys, documents, and any other items. You may find out: Where it is from, How old it is, What it is worth, How to maximize value if they want to sell, Where to get it repaired or restored if it is damaged, Insurance questions, Tax issues and donation questions. This free presentation is limited to only one appraisal per person. Registration begins at 11:30 a.m. until 12:30 p.m. with the presentation beginning at 12:30 p.m. – 2:30 p.m.
- Tues., June 13 (10:00 a.m. 11:45 a.m.) FIELD TRIP to the Academy of the Arts. We will be visiting the Museum's two new exhibitions, FABRICations, which uses may different kinds of fabric to create unusual art and Steven Ford's abstract prints. You can see examples of both on the Museum's website: academyartmuseum.org The project will involve making our very own prints in the manner of Steven Ford! ADVANCE SIGN UP IS REQUIRED BY JUNE 5 AS SPACE IS LIMITED.
- Wed., June 14 (10:00 a.m. 11:00 a.m.) David Stevens Presents: "Selling Your Home in the Age of the Internet" How has real estate changed because of the internet? How do buyers now find the home they will purchase and how does this affect your relationship with a real estate agent? How can you be in control when selling your house? Advance sign up is required as space is limited.
- Fri., June 16 (12:00 p.m. 2:00 p.m./3:00 p.m. 5:00 p.m./6:00 p.m. 8:00 p.m.) Participate in the Virtual Dementia Tour and you'll experience dementia through new eyes. To schedule your time slot, RSVP to Brightstar Care by calling 410-820-4200

 Thurs., June 22 (10:00 a.m. 1:00 p.m.) Elder Law Clinic Attorneys will be present (by appointment only) to discuss legal issues pertaining to seniors
- to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Mid-Shore Pro-Bono at 410-690-8128 for an appointment or additional information.
- Wed., June 28 (10:30 a.m. 11:30 a.m.) "Positive Music w/DJ Randy P" Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivation environment.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Thurs., June 15 (12:30 p.m. 2:30 p.m.) A "NO STRIP" Burlesque workshop will be given by Joanne DeWilde. We are Looking for all the Naughty Ladies to come have some fun at Brookletts Place. You will be taught moves made famous by Blaze Starr, Lilli St. Cyr, Sally Rand, Dita Van Teese and more. \$20 fee Sign Up Now As Space Is Limited.
- Mondays Beginning June 26 through August 7 (10:00 a.m. 11:00 a.m.) Beginning Sign Language with Renee Gordon. This will be a basic course but she will delve deeper into the language in the last 3 weeks depending on the pace of the class. \$10.00 per person for 6 week session. ADVANCE SIGN UP IS REQUIRED AS SPACE IS LIMITED.
- Friday, June 30 (10:00 a.m. -11:00 a.m.) PATRIOTIC FLOWERS FOR THE TABLE \$10.00 FEE PAYABLE IN ADVANCE. ADVANCE SIGN UP IS REQUIRED AS SPACE IS LIMITED.
- Advanced Beginners Watercolor Class Every Monday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Beginning Oil Painting Every Wednesday (9:00 a.m. 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- Intermediate Watercolor Every Thursday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Keyboard /Guitar Lessons Every Friday (12:00 p.m. 1:00 p.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- Spanish Fun Conversation Class Every Friday (1:00 p.m. 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- Mahjong Every Monday 12:00 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome 1st Friday of each month is designated as "New Players Day". Come and learn!
- <u>Dementia Support Group</u> Every 3rd Monday 1:00 p.m.
- Diabetic Support Group Every 2nd Monday 5:30 p.m. Contact Doris Allen, BSN,RN,CDE Univ. of MD Center for Diabetes & Endocrinology 410-822-1000
- Contract Bridge Every Tuesday 10:00 a.m. in Exercise Room #2 Free Instruction for Beginners with advance notice
- Pinochle Every Tuesday 12:30 p.m. in the Game Room Willing to teach Beginners at any time
- Shore Line Dancing Every Tuesday 7:00 p.m. 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or
- Video (Wii) Bowling Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team! (2nd Wednesday at Park View 1:00 p.m.)
- Blood Pressure Screening 2nd & 4th Wednesday of each month at 10:00 a.m.
- MD Crime Victims Every 1st & 3rd Thursday 10:00 a.m. 2:00 p.m. You can call 301-952-0063 to set up an appointment or just walk in. Elder Law Clinic Every 4th Thursday 10:00 a.m. 1:00 p.m. BY APPOINTMENT ONLY Contact Mid-Shore Pro-Bono at 410-690-8128
- Canasta Every Thursday 11:00 a.m. in the Upstairs Lobby Currently for those who already know how to play. Beginners instruction 1st Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction

 Poetry at Noon – Every Friday in the Conference Room

UPCOMING EVENTS

SHOWSTOPPERS JULY 6TH 12:15 P.M. – 1:15 P.M. ADVANCE SIGNUP FOR LUNCH IS REQUIRED BY JUNE 22ND OR YOU MAY BRING YOUR OWN. THE JONES BOYS JULY 11^{11} 12:15 P.M. – 1:15 P.M. ADVANCE SIGNUP FOR LUNCH IS REQUIRED BY JUNE 26^{11} OR YOU MAY BRING YOUR OWN. FUNDRAISER EVENT - CHUBB'S GRILLING ON THE MOVE AUG 11^{11} – BBQ $\frac{1}{2}$ CHICKEN OR PULED PORK PLATTER WITH COLESLAW, CHIPS & DRINK \$10.00